### VCA Animal Referral and Emergency Center of Arizona

# Feline Radioiodine Checklist for Referring Veterinarians (see reverse for details)

Client Last Name:	Pet Name:
Age/DOB Sex:	Breed:
Veterinarian:	Hospital:
Checklist (within 30 days)	Medical History
□ Normal CBC/Chem/UA	History of Renal Disease/Failure? ☐ Yes ☐ No
☐ Total T4 or Free T4 (ED)	History of Heart Disease/Failure? ☐ Yes ☐ No
☐ Blood Pressure	Prior treatment of hyperthyroidism by Surgery
□ Lateral & VD Thoracic X-rays (w/in 3m)	of I131? ☐ Yes ☐ No
(Please forward results at time of consultation)	Behavior: ☐ Social ☐ Neutral ☐ Aggressive
	Known Adverse Drug Reactions?
Mathima	-olo Triol
Methimazole Trial (see reverse for instructions)	
Pretrial:  Euthyroid T4:/_/_  BUN:  Creatinine:  USG:  On methimazole for > 2M? □ Yes □ No  If Yes, withdraw for at least 2 weeks and record: T4:/_/_	Disclaimer: I understand that my cat has not successfully completed a methimazole trial, and that renal disease may be present and masked by the hyperthyroidism. Furthermore, I understand that radioiodine treatment is irreversible and may unmask serious, potentially life threatening disease.  Despite this warning, I feel that radioiodine treatment is still our best option, and request my pet be treated.
record. 14	Owner signature Date
Current Health & Medications	
Is patient free from conditions that may jeopardize its health during 5 days of treatment? ☐ Yes ☐ No	
Is patient free from conditions that may jeopardize its health during 5 days of treatment?   Yes No  During Isolation and treatment, are there medications that must be administered?   Yes No	



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## Feline Radioiodine Checklist for Referring Veterinarians

This information is intended to help facilitate the referral of feline patients for radioiodine treatment at VCA-ARECA. If you have any additional questions, please contact the Radiology Department at 480-898-0001.

If further workup is required prior to treatment, please schedule an Internal Medicine Consultation.

### **Optional Tests**

Prior to radioiodine treatment, the following tests should be considered for thorough assessment of the patient.

- Echocardiogram
- Electrocardiogram
- Abdominal Ultrasound

Please forward any results at the time of consultation.

### **Methimazole Trial**

Since physiologic changes associated with hyperthyroidism can mask pre-existing renal disease, we strongly recommend a methimazole trial prior to definitive radioiodine treatment. Typically, this process takes approximately 4-6 weeks.

- Step 1: Induce a euthyroid state by treating with adequate dose of methimazole for at least 2-4 weeks
- Step 2: Verify the euthyroid state with a T4 level, and obtain a renal profile (with urine specific gravity).
- **Step 3:** If the patient has been treated for more that 2 months with methimazole, it is necessary to withdraw the drug for at least 2 weeks and retest Total T4 and Free T4 by equilibrium dialysis to confirm a return to hyperthyroid state prior to treatment.

We understand that some patients cannot complete this trial successfully. Since radioiodine treatment is irreversible, we ask owners of these cats to sign the disclaimer on the front of this form.

#### **Program Summary:**

Currently our license requires the patient to stay in isolation for 3 days, followed by in-hospital boarding for 2 days.

